



MISKAWAAN  
HEALTH GROUP



CELLGYM®  
BE ON AIR

A revolutionary wellness therapy uses a technique known as intermittent hypoxia/hyperoxia training which alternately exposes the lungs to oxygen-rich and oxygen-depleted air (IHHT) to strengthen your body's cells and prepare them to better handle everyday challenges or perform well during physically demanding activity, this wellness therapy promotes energy generation while optimizing aerobic and anaerobic capacity.



**Stress relief**



**Less fatigue**



**Increased energy levels**



**Improved aerobic and anaerobic capacity**



**Improved endurance**



**Weight management**



**Improved metabolism**



**Easy acclimatization to higher altitudes (For mountain climbers)**

1 TIME

2,800 THB\*

5 TIMES

12,000 THB\*

10 TIMES

22,000 THB\*

\*The mask is not included.



**TWIN PORT CPAP MASK**

(Can be reused for up to 90 days)

2,900 THB